

awake  
roll over in bed  
alive the one pain but  
create another



Summer Solstice  
just as it begins  
time shifts the other way round  
longest to shortest



midnight  
the magic hour  
between the start and ending  
when all change happens



penalty  
missed by a minute  
from a dollar to fifty  
pay the parking fine



minor transient  
documents  
of everyday life  
**Katherine  
Montalto**



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sorry  
yes you are sorry  
you're the sorriest sorry  
to ever sorry



wall  
bricks stacked together  
trapping in and keeping out  
for thousands of years



the curse of existence  
a ball of stardust  
taken from the void



sleep paralysis  
a creeping horror  
too terrible to describe  
lurking near the bed



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new moon  
the first lunar phase  
rises and sets with the sun  
hidden in darkness



Winter Solstice  
just as it begins  
time shifts the other way round  
shortest to longest



sigh  
exhale long deep breath  
from weariness or relief?  
in and out again



failure  
what is it to fail  
as a tiny speck of dust  
drifting aimlessly



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heron  
sitting motionless  
a flutter under water  
beak used as a spear



generations  
arbitrary dates  
where are you in the time span  
a further divide



whale song  
acoustic network  
low frequency messages  
move through the ocean



northern lights  
dynamic patterns  
aurora borealis  
the magnetosphere



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