



Daylight Savings

Taking sunlight hours from the morning
And adding them to the end of the day
Like cutting a rope from the very top
To add more length to the end of the line
Later darkness makes it harder to wake
Later sunlight makes it harder to sleep
And outside, engine noises grow louder
As the sun stretches itself out longer
Every year, calls to make it permanent
Forgetting that, we tried it, and it failed
In the winter the days are very short
The daylight 'saved' makes for long dark mornings

A system full of empty promises
That sell out our circadian rhythms